



Franklin Regional Swim Team



Check out our website at:

<http://www2.fcsconline.org/staff/findleybr/>

The Franklin Regional Swim Team (FRST)

is a locally owned and coached United States Swimming Club. We have athletes that range from beginner to advanced levels.

- Focus on technique, turns, and start work
- Higher levels of competition
- Variety of training styles as well as some fun activities
- Cost is affordable

Location:

Franklin Community High School
2600 Cumberland Drive
Franklin, IN 46131

Team Sign-ups

August 24th and 25th

5:00pm-7:00 pm

At the Franklin Community High School Pool

(If new to club swimming, please bring swimsuit and goggles to sign-ups)

1st practice will be Monday, August 31st

Blue group 5:30-7:30 pm

White group 5:30- 7:30 pm

Beginner group 6:00- 7:00 pm

The Franklin Regional Swim Team accepts and understands the concept that many of life's lessons are learned outside of the classroom. Our club seeks to create an environment that will actively promote characteristics consistent with the club values of *sportsmanship, discipline, and determination* so to empower our youth with the tools necessary to be successful both in swimming and in life.