

**SSC Swimfest October 16-18<sup>th</sup>, 2009**

**DEADLINE TO ENTER: September 25<sup>th</sup>, 2009**

**FRIDAY EVENING**

Warm-ups at 5:00 P.M. Meet starts at 6:00 P.M.

Note: The number of heats for each Friday event may be limited due to timeline constraints

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
1	9-10	200 yd IM	2
3	11-12	200 yd IM	4
5	9-10	200 yd Freestyle	6
7	13&O	50 yd Butterfly	8
9	13&O	50 Breaststroke	10
11	13&O	50 yd Backstroke	12
13	13&O	50 yd Freestyle	14
15	11-12	500 yd Freestyle	16

**SATURDAY MORNING**

Warm-ups at 7:00 A.M. Meet starts at 8:00 A.M.

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
17	13-14	200 yd IM	18
19	13-14	100 yd Butterfly	20
21	13-14	200 yd Backstroke	22
23	13-14	100 yd Freestyle	24
25	13-14	200 yd Breaststroke	26
27	13-14	500 yd Freestyle	28
29	15&O	200 yd IM	30
31	15&O	100 yd Butterfly	32
33	15 &O	200 yd Backstroke	34
35	15&O	100 yd Freestyle	36
37	15 &O	200 yd Breaststroke	38
39	15 &O	500 yd Freestyle	40

**SATURDAY AFTERNOON**

Warm-ups not before 1:00 P.M Meet starts not before 2:00 P.M.

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
41	11-12	100 yd Butterfly	42
43	11-12	50 yd Backstroke	44
45	11-12	100 yd Freestyle	46
47	11-12	50 yd Breaststroke	48
49	11-12	200 yd Freestyle	50
51	9-10	100 yd Butterfly	52
53	9-10	50 yd Backstroke	54
55	9-10	100 yd Freestyle	56
57	9-10	50 yd Breaststroke	58

**SUNDAY MORNING**

Warm-ups at 7:00 A.M. Meet starts at 8:00 A.M.

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
59	8&U	25 yd Butterfly	60
61	8&U	25 yd Backstroke	62
63	8&U	25 yd Freestyle	64
65	8&U	25 yd Breaststroke	66
67	13-14	400 yd IM	68
69	13-14	200 yd Butterfly	70
71	13-14	100 yd Backstroke	72
73	13-14	200 yd Freestyle	74
75	13-14	100 yd Breaststroke	76
77	15&O	400 yd IM	78
79	15&O	200 yd Butterfly	80
81	15&O	100 yd Backstroke	82
83	15&O	200 yd Freestyle	84
85	15&O	100 yd Breaststroke	86
87	OPEN	1650yd Freestyle	88

**SUNDAY AFTERNOON**

Warm-ups not before 1:00 P.M Meet starts not before 2:00 P.M.

<u>Girls Event #</u>	<u>Age</u>	<u>Event</u>	<u>Boys Event #</u>
89	9-10	50 yd Butterfly	90
91	11-12	50 yd Butterfly	92
93	9-10	100 yd Backstroke	94
95	11-12	100 yd Backstroke	96
97	9-10	50 yd Freestyle	98
99	11-12	50 yd Freestyle	100
101	9-10	100 yd Breaststroke	102
103	11-12	100 yd Breaststroke	104

Name: \_\_\_\_\_

Age: \_\_\_\_\_

Days Attending (Circle)

FRI    SAT    SUN

**Event Limitations**

In=Individual

8 & Under: 4 in + 1 relay

9-12: 4 in per day + 1 relay per day

Total of 10 individual events max

13 & Up: 4 in per day + 1 relay per day

Total of 12 individual events max

\_\_\_\_\_ (Number of in events)x \$4.00  
per in event

= \_\_\_\_\_ (Event Cost)

\$1.50 (USA Surcharge) +

\_\_\_\_\_ (Event Cost)

= \_\_\_\_\_ (Total Cost)

Attach check (Made payable to FRST) or envelope of cash to this form and turned in to Coach Findley by September 25<sup>th</sup>, 2009.

**No email entries will be accepted.**