

WASHINGTON TOWNSHIP SWIM CLUB

BUY YOUR WAY INTO FINALS INVITATIONAL & TIME TRIALS

July 17 - July 19, 2009

LONG COURSE METERS / TIMED FINALS MEET and TIME TRIALS

MEET FORMAT / PURPOSE:

This meet employs a unique format designed to allow teams and individual swimmers as many opportunities to swim a championship meet qualifying time as possible. This meet may be entered using one of four possible scenarios:

1. **Traditional Invitational** – Teams enter the meet the same as any traditional timed finals invitational and ignore the Time Trials.
2. **Traditional Invitational, enter the Time Trials at the Meet** – Teams enter the meet the same as any traditional invitational, but do not enter their swimmers to the maximum events per day. This will allow for entry into Time Trial events at the meet to “make the cut” if the qualifying time is not achieved in the regular invitational event earlier that day. (see daily entry limitations below)
3. **Buy your way into Finals** – Treat the meet as a Prelims / Finals format and pre-enter the Time Trial events before the meet. This will create a guaranteed two swims a day in two events. By pre-entering the same event during the day and in the evening, swimmers are guaranteed to “make it back” for the evening events. (see daily entry limitations below)
4. **Time Trials Only** – Any USA Swimming registered athlete may come swim Time Trials to “get the cut” regardless of whether or not your team is entered in the meet. They may pre-enter or enter at the Meet

The same events swum in Timed Finals competition earlier in the day will be swum as the Time Trial events in the evening. Please note that Indiana Swimming will accept splits for shorter distances swum as the beginning portion of a longer event as a qualifying time for an Indiana Swimming sanctioned championship meet, provided the longer event is completed legally.

SANCTION: The WTSC Buy Your Way Into Finals Invitational and Time Trials will be held under the Sanction of USA Swimming and Indiana Swimming.
Sanction Numbers # **IN09287** and # **IN09288**

LOCATION: North Central High School Natatorium
1801 E. 86th Street
Indianapolis, Indiana 46240

The **NEW** NCHS Natatorium is conveniently located on the north side of Indianapolis with quick access to I465. A variety of hotels and restaurants are located within easy driving distance to accommodate all tastes and budgets. A variety of shopping is available to include the Northview Shops, Nora Plaza, The Fashion Mall at Keystone Crossing, Castleton Square Mall, and Glendale Plaza. Broad Ripple, Indianapolis' unique village full of restaurants, pubs

and shopping as well as the Central Canal and Monon Trail, is a quick 10 minutes south of the pool

FACILITY: There will be one 50 meter competition pool. The pool is 10 lanes with Keifer-McNeil non-turbulent lane markers. Eight lanes will be used for competition using a Colorado electronic timing system. The remaining two lanes will be used for continuous warm-up and warm down. Bleacher style spectator seating for 500 will be provided (one side only). Ample parking is available in the adjacent parking lots at no additional cost.

DIRECTIONS: Take I465 to the north side of Indianapolis. Exit on either Meridian Street or Keystone Avenue and travel south to 86th Street. Go east (left) from Meridian or west (right) from Keystone on 86th. There is a stoplight at the entrance to the school campus immediately opposite the Northview Shops; turn south. The High School will be on your left. Enter door #24 to the rear of the building.

HOTEL PARTNER: WTSC is partnering with the closest Hotel to the NEW POOL to provide a superior level of support for this event. The Homewood Suites offers newly renovated suite style housing for up to six persons per room.

- ❖ Each suite features an inviting living area large enough to relax in between sessions. Included are two televisions with cable and basic HBO
- ❖ Each suite has a kitchen fully equipped with; a microwave, two-range stovetop, refrigerator, dishwasher, coffee maker, a full compliment of cook and table ware and seating for four. Some suites even offer fireplaces.
- ❖ A complimentary hot breakfast is served daily in the central lodge building and the staff will adjust serving times to fit with the meet schedule.
- ❖ For those guests arriving the night before the meet, a complimentary reception with beverages will be served Thursday night.
- ❖ Free transportation will be provided to and from the meet via shuttle bus. Please consult with the front desk to reserve seating and transport times.
- ❖ An outdoor swimming pool, whirlpool, sports court, exercise facility and business center are available for between session activities. Complimentary internet access is available throughout the facility.

WTSC has negotiated a special rate for this event of \$119.00 per night. With the addition of meals, transportation, activities and proximity to the pool, this rate is quite a bargain. Contact the sales manager, Denise Ruell at druell@genhotels.com or the front desk at 317-253-1919 for reservations. Hurry, only limited rooms have been blocked at this rate.

For more information, see the Hotel's website at www.indianapolis.homewoodsuites.com

FORMAT: Current USA Swimming and Indiana Swimming rules will govern this meet unless otherwise noted in this packet. All events will be swum as Short Course Yards, timed finals.

15 minute courtesy rests will be given by the referee only after a timely request from the Coach and at their discretion only if the rest will not unduly lengthen the meet.

SUPERVISION: USA Swimming Rules 202.3.2 - At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee shall assist the athlete in making arrangements for such supervision.

**NEW SWIMWEAR
RULE:**

All 12 and under swimmers participating in a meet sanctioned by the Indiana LSC must comply with the new swimwear rules passed into legislation by the 2008 Indiana Swimming House of Delegates. This legislation modifies USA Swimming rule 102.9.1 as follows:

- A. Swim suits worn by 12 and under males participating in all Indiana Swimming sanctioned "age group" competitions will not extend above the navel or below the knees.
- B. Swim suits worn by 12 and under females participating in all Indiana Swimming sanctioned "age group" competitions will not cover the neck, extend past the shoulders; extend beyond the shoulder, nor below the pelvis.
- C. Swimsuits worn for competition must be non-transparent and conform to the current concept of appropriate.
- D. The referee shall have the authority to bar offenders from the competition until they comply with the rule.

**ENTRY
ACCEPTANCE
DATE**

Entries will not be accepted prior to 12:01 AM June 27, 2009

ENTRY DEADLINE:

8:00 PM (Indianapolis time) July 3, 2009

Teams not accepted will be notified by 8 PM July 5, 2009.
The deadline will be extended if the meet is not full.

ENTRY CHAIR:

Submit entries per the following "Entry Procedure" section. Only limited information is required to be sent to:

Mark Van Allen
Fax 317-815-7201
meetentry@wtscswim.org

**MEET
CO-DIRECTORS:**

Mark Van Allen, Friday
Paul Hayden, Saturday
Karen Hamilton, Sunday
meetentry@wtscswim.org

**ENTRY
PROCEDURE**

On or before 8:00 PM (Indianapolis time) July 3, 2009, submit your entries **over the internet** in a in a USA Swimming approved SDIF file format (any file type recognized by Hytek's Meet Manager) by following the procedure outlined below: (Note: the web site entry form specified below will not be available until the Entry Acceptance Date of June 27, 2009)

- **NOTE:** Any hard copy information and / or floppy disks sent to the Entry Chair in addition to the required information **WILL BE DISREGARDED.** Only that entry information sent via the internet will be considered as your team's entry. Floppy disks sent to the Entry Chair become the property of WTSC
1. Create a standard meet entry file on your computer (CL2, HY3, SDIF, or SD3) Files may be either zipped or unzipped. Teams without access to Team Manager or other appropriate software should contact the Meet Entry Chairman.
 2. Log on to the Washington Township Swim Club web site at www.wtscswim.org
 - Note: the WTSC Webmaster may place a direct link to the entry form on the WTSC Homepage. If so, items 3 through 5 will be moot.

3. Click on the menu item "Hosted Meets"
4. Click on the sub-menu item "Hosted Meets – Entry Forms"
5. Select the Last Resort Invitational
6. Use the on-line form that appears in your browser to submit your entry
7. Use the "Browse" button on the form to attach your entry file to the entry
8. Click on the "Submit" button to send your entry to the Entry Chairman
9. In a short while, you will receive an e-mail at the address noted that will confirm your entry has been submitted
10. Report any problems entering to the Meet Entry Chairman. Your team will not be penalized or rejected from the meet if you experience technical difficulties.
11. Other entry rules:
 - Current and correct Swimming ID numbers must be supplied with your entry for every swimmer. (Foreign athletes not currently registered with USA Swimming should submit the registration number assigned to them by their country's FINA member organization) Athletes without proper registration will be denied participation in this meet.
 - No times and non-conforming times will be accepted. Non-conforming times will be converted by Hy-Tek Meet Manager and will be seeded with the conforming times accordingly.
 - Your electronic entry file must include all team information regarding your coach's name(s), team address, team phone number and team e-mail address. Those teams that do not include this information will not be accepted into the meet until all of the required information is provided.
 - Note: First-come, first-served is not listed in the meet acceptance criteria below

**ACCEPTANCE
CRITERIA:**

If the meet is over-entered, WTSC has sole discretion to determine which entries to accept. In exercising its discretion, WTSC will consider:

- Prior participation in this or other WTSC hosted meets (exclusive of State Championships)
- Teams will not be broken
- Number of officials and volunteers provided by team
- Balance of age groups and gender in entry
- Level of competition
- Geographic location

ONCE ACCEPTED: When your team is accepted into the meet, please perform the following tasks:

1. WTSC will email back to the designated individual an Entry Report for your team. Carefully check this Entry Report and report any errors or variances **by email** as soon as possible (deadline for changes is July 13, 2009).

Keep this original Entry Report sent to you by WTSC along with all subsequent Entry Reports notifying you of changed or updated entries. These are the official record of your team's entry. No other information will be considered if there is an entry error or discrepancy. No refunds or changes will be made to your team's entry due to your failure to review the reports sent to you by WTSC.

2. FAX the following so it will be received by the Entry Chair at the above Fax number on or before 5:00 PM (Indianapolis time) July 13, 2009. Please FAX this information as soon as possible to assist WTSC with meet planning
 - Executed release and hold harmless agreement (included in this packet)
 - Officials / Volunteer Sheets (included in this packet)
3. Pay your fees
 - Optionally, you may pay your fees at the meet prior to your first swimmer starting competition
 - Optionally, you may mail your entry fees so they will be received by the Entry Chair at the above address no later than January 30, 2008. Your fee check is the **only** information you need to mail or have delivered to the Entry Chair, and this is not required if your fees are paid at the meet.

FEES: \$4.00 per Individual Entry into a Timed Finals Event (see entry limitations below)

\$5.00 per Deck Entry or Time Trial Event (see limitations below)

\$1.50 per swimmer surcharge per swimmer regardless of status as meet participant or time trial swimmer (will be collected by WTSC and paid to Indiana Swimming)

- There will be no refund of fees for missed events, no-shows, scratches, disqualifications, or event cancellations.
- WTSC will refund entry fees for heat-limited events (See information on possible limited events)
- Spectators not volunteering will be charged admission.
- Volunteers not working the current session will be charged admission.
- Volunteer Timers and Officials - No Admission Charge - Report to Pool Deck.
- There will be no Parking Fees

**ENTRY
LIMITATIONS:**

Each swimmer is limited to 5 individual events per day. If entered in more than 5 events, the entry will be made by number order of events starting with event #1 until the limit is satisfied. **Events may be limited** (see below)

Please note that the event limits apply to the aggregate number of swims per swimmer per day regardless of whether they are Invitational Events, Time Trials events or a combination of both.

Coaches are asked to carefully consider these entry limits when entering this meet to allow their swimmers the best possible combination of swims for each individual swimmer and their needs.

**TIMELINE
MANAGEMENT:**

1. WTSC reserves the right to limit select events during any or all sessions if it is deemed necessary to complete the session(s) within the requirements of Indiana Swimming rules. Please note that Time Trials sessions are not bound by any time limit rule
2. Fees will be refunded for any swimmer cut from any event(s).
3. No time updates or additional entries to limited events will be accepted after the cuts are announced. No swimmers will be added to fill empty lanes in limited events.
4. WTSC acknowledges and reminds participating clubs that this is a pre-seeded meet. Scratches occurring after the seeding is complete may result in empty lanes.
5. Empty lanes in non-limited events will be filled at the sole discretion of the Meet Referee and Meet Director.
6. WTSC swimmers will not be subject to the entry limitations. WTSC swimmers slower than other swimmers cut from an event may swim.
7. Swimmers who missed any cuts due to an entry error that was not reported to WTSC prior to the deadline for changes will not be added to limited events
8. Psych Sheets for limited events will be emailed to the participating clubs on or before July 13, 2009.
9. Psych Sheets for limited events will also be posted to the WTSC web site at www.wtscswim.org
10. **Failure by a coach or parent to determine if a swimmer has been cut is no excuse. Swimmers who have been cut may not swim.**
11. WTSC reserves the right to employ chase starts to control the timeline if it is deemed necessary to complete the session(s) within the requirements of Indiana Swimming rules. If the number of entries requires chase starts, team representatives will be notified via e-mail on or before July 13, 2009
12. If the Entry Chair determines that there is a need to adjust the start times of warm-ups or competition to be either earlier or later than the times published as dictated by the number of entries received and to coincide with the requirements of maximum session lengths, team representatives will be queried for acceptance of this change(s) via e-mail. If all team representatives are in agreement with the proposed change(s), WTSC will publish notification of the change(s) on or before July 13, 2009. I

**SWIMMER
ELIGIBILITY:**

The swimmer's age as of July 17, 2009 will determine eligibility for age group events. All swimmers must be currently registered with USA Swimming. USA Swimming registration numbers must accompany the entry.

COACH ELIGIBILITY: All coaches on deck must be registered USA Swimming coaches. Coaches MUST constantly display their USA Swimming coach's credentials to gain deck access. The meet referee reserves the right to ask the coach to display their credentials or deny deck access if the coach does not comply with the request.

CHANGES, ADDITIONS AND CORRECTIONS: Coaches should double check their entries before submission. No additions, changes or corrections will be accepted after July 13, 2009. Additions after this date may be accepted as deck entries. These entries may be disallowed if, at the sole discretion of the Meet Director, they will unduly extend the meet.

DECK ENTRIES: Deck Entries for the Timed Finals portion of the Meet will be accepted only from coaches. Deck entries will NOT be seeded. Deck entries will only be accepted to swim in empty lanes in the slowest heat. Additional heats at the beginning of each event will be added to accommodate Deck Entries only if, at the sole discretion of the Meet Director, they will not unduly extend the meet.

TIME TRIAL ENTRIES: Time Trial Entries will be accepted from coaches, parents and swimmers. They will be accepted regardless of timeline. Please note that as a time trial event, the four hour limit does not apply and all swimmers entered in Time Trials will be afforded a chance to swim. Time Trials entries will be taken prior to the event by following the on-line entry procedures outlined above. Once the Meet Entry deadline has passed, Time Trial entries will be taken at the meet up until one hour prior to the beginning of the Time Trial session.

TIME TRIAL ENTRY LIMITATIONS: Time Trial Entries will be limited to five swims per day. Please note that the 5 swim limitation applies to any combination of Time Trial Events and Timed Finals Events from earlier in the same day.

CLERK OF COURSE: There will be no Clerk of Course. Seeded heat sheets will be posted on deck immediately before the start of each session. It is the swimmer's responsibility to appear at the correct starting platform ready to swim in time for the start of his/her heat.

DISTANCE EVENTS: Lap counters (the person, not the device) and timers will not be provided by the host club for the 1500 and 800 meter events. Swimmers must provide one timer (mandatory) and one lap counter (optional)

CHECK IN/SCRATCH: There will be no positive sign-in or scratch deadlines for this meet. The meet will be pre-seeded and will be swum as seeded. Coaches who know that a swimmer will be absent are asked to report same to the head table. No shows will not be penalized and those lanes will be empty during competition. Swimmers cut for timeline management WILL NOT be added back into empty lanes. Events will be re-seeded at the discretion of the Meet Director if, in his opinion, the number of reported scratches will materially affect the timeline.

SCORING & AWARDS: Ribbons will be awarded for the top 16 places in each individual event. Team high point trophies will be awarded for the top three teams. Ribbons not picked up at the end of the meet will not be mailed. No events will be scored as multi-age events.

FINAL RESULTS: Within three days following the conclusion of the meet, WTSC will e-mail to the designated Club Contact the following results files: (WTSC will also be glad to e-mail results files to other addresses upon request)

- Hytek Meet Manager Back-up (SwmmBkup.zip)
- Hytek Team Manager results (CL2)
- Text file (Html and / or PDF)

Any team wishing a hard copy of the results should indicate accordingly in the "Special requests" section of the on-line entry form.

FACILITY RULES: The following rules will be strictly enforced. **PERSONS VIOLATING THESE RULES WILL BE BARRED FROM THE FACILITY.**

1. No posters, placards, signs or banners may be taped to any painted surface. These items may be taped to any tiled surface. Teams caught violating this rule will be subject to damages payable to the IUPUI Natatorium.
2. No smoking anywhere in facility
3. No flash photography during starts
4. Only swimmers competing in current session, coaches of entered teams, and officials and volunteers working in current session will be allowed on deck. No other persons are allowed on deck at any time
5. No damage or vandalism to property
6. Keep all trash picked up
7. Do not go, or let children go, in unauthorized areas. This means any place other than the lobby, seating area, steps to seating area and pool deck. The North Central High School Athletic Offices and any North Central High School spaces to the north of the Lobby are off limits.

CONCESSIONS: Natatorium concessions will be available.

SCHEDULE: (Also see attached Event List)

	Start Time	Age Groups
Morning Warm-ups / ALL DAYS	7:00 AM	13 and Over
Morning Competition / ALL DAYS	8:00 AM	13 and Over
Afternoon Warm-ups / ALL DAYS	Not before 12:00 PM	12 and Under
Afternoon Competition / ALL DAYS	1 hr. after warm-ups start, but not before 1:00 PM	12 and Under
Time Trials Warm-ups / ALL DAYS	Not before 5:00 PM	Open & 12 and Over
Time Trials Warm-ups / ALL DAYS	1 hr. after warm-ups start, but not before 6:00 PM	Open & 12 and Over

FRIDAY AM EVENTS

Warm-ups Start 7:00 AM, Competition starts 8:00 AM

Girls	Age	Event	Boys
1	13-14	50 Free	2
3	15 over	50 Free	4
5	13-14	100 Breast	6
7	15 over	100 Breast	8
9	13-14	200 Fly	10
11	15 over	200 Fly	12
13	13-14	50 Back	14
15	15 over	50 Back	16
*17	13-14	1500 Free	*18
*19	15 over	1500 Free	*20

* Events swum fastest to slowest mixed Girls then Boys heats

FRIDAY AFTERNOON EVENTS

Warm-ups Start not before 12:00 PM, Competition starts not before 1:00 PM

Girls	Age	Event	Boys
21	11-12	50 Free	22
23	10-under	50 Free	24
25	11-12	100 Breast	26
27	10-under	100 Breast	28
29	11-12	50 Back	30
31	10-under	50 Back	32

FRIDAY TIME TRIAL EVENTS

Warm-ups Start not before 5:00 PM, Competition starts not before 6:00 PM

Girls	Age	Event	Boys
33	Open	50 free	34
35	Open	100 Breast	36
37	Open	200 Fly	38
39	Open	50 Back	40
*41	12 - Over	1500 Free	*42

* Events swum fastest to slowest mixed Girls then Boys heats

SATURDAY AM EVENTS

Warm-ups Start 7:00 AM, Competition starts 8:00 AM

Girls	Age	Event	Boys
43	13-14	100 Free	44
45	15 over	100 Free	46
47	13-14	200 IM	48
49	15 over	200 IM	50
51	13-14	100 Fly	52
53	15 over	100 Fly	54
55	13-14	50 Breast	56
57	15 over	50 Breast	58
59	13-14	200 Back	60
61	15 over	200 Back	62
63	13-14	800 Free	64
*65	15 over	800 Free	*66

* Events swum fastest to slowest mixed Girls then Boys heats

SATURDAY AFTERNOON EVENTS

Warm-ups Start not before 12:00 PM, Competition starts not before 1:00 PM

Girls	Age	Event	Boys
67	11-12	100 Free	68
69	10-under	100 Free	70
71	11-12	200 IM	72
73	10-under	200 IM	74
75	11-12	100 Fly	76
77	10-under	100 Fly	78
79	11-12	50 Breast	80
81	10-under	50 Breast	82

SATURDAY TIME TRIAL EVENTS**Warm-ups Start not before 5:00 PM, Competition starts not before 6:00 PM**

Girls	Age	Event	Boys
83	Open	100 Free	84
85	Open	200 IM	86
87	Open	100 Fly	88
89	Open	50 Breast	90
91	Open	200 Back	92
*93	12 - Over	800 Free	*94

* Events swum fastest to slowest mixed Girls then Boys heats

SUNDAY AM EVENTS**Warm-ups Start 7:00 AM, Competition starts 8:00 AM**

Girls	Age	Event	Boys
95	13-14	200 Free	96
97	15 over	200 Free	98
99	13-14	400 IM	100
101	15 over	400 IM	102
103	13-14	50 Fly	104
105	15 over	50 Fly	106
107	13-14	200 Breast	108
109	15 over	200 Breast	110
111	13-14	100 Back	112
113	15 over	100 Back	114
115	13-14	400 Free	116
117	15 over	400 Free	118

SUNDAY AFTERNOON EVENTS**Warm-ups Start not before 12:00 PM, Competition starts not before 1:00 PM**

Girls	Age	Event	Boys
119	11-12	200 Free	120
121	10-under	200 Free	122
123	11-12	100 Fly	124
125	10-under	100 Fly	126
127	11-12	100 Back	128
129	10-under	100 Back	130

SATURDAY TIME TRIAL EVENTS**Warm-ups Start not before 5:00 PM, Competition starts not before 6:00 PM**

Girls	Age	Event	Boys
131	Open	200 Free	132
133	Open	400 IM	134
135	Open	100 Fly	136
137	Open	200 Breast	138
139	Open	100 Back	140
141	12 - Over	400 Free	142

WASHINGTON TOWNSHIP SWIM CLUB
BUY YOUR WAY INTO FINALS INVITATIONAL
July 17 - July 19, 2009

RELEASE AND HOLD HARMLESS AGREEMENT

CLUB _____ (“CLUB”)

IN CONSIDERATION OF BEING PERMITTED TO PARTICIPATE IN THE SWIM MEET, CLUB, AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS HEREBY RELEASE AND FOREVER DISCHARGE WASHINGTON TOWNSHIP SWIM CLUB, USA SWIMMING, INDIANA SWIMMING, INDIANA UNIVERSITY, IUPUI NATATORIUM, THE RESPECTIVE OWNERS, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH SAID SWIM MEET AND THE FACILITIES AND PERSONNEL FOR IT. FURTHER, CLUB AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS SHALL INDEMNIFY AND HOLD HARMLESS WASHINGTON TOWNSHIP SWIM CLUB, USA SWIMMING, INDIANA UNIVERSITY, IUPUI NATATORIUM, THE RESPECTIVE OWNERS, TRUSTEES, DIRECTORS, OFFICERS, AGENTS, EMPLOYEES, MEMBERS, SUCCESSORS AND ASSIGNS OF EACH OF THEM, AND ALL OTHER PERSONS OR ENTITIES IN ANY WAY CONNECTED WITH SPONSORING OR HOLDING THIS SWIM MEET, OF AND FROM ANY AND ALL LIABILITIES, CLAIMS, DEMANDS, ACTIONS, CAUSES OF ACTION, LOSSES, DAMAGES OR EXPENSES, OF WHATEVER KIND OR CHARACTER, ARISING OUT OF OR IN CONNECTION WITH ANY INJURY TO ANY PERSON, INCLUDING DEATH, OR INJURY OR DAMAGE TO ANY PROPERTY.

THE UNDERSIGNED REPRESENTS THAT HE/SHE IS AUTHORIZED BY THE CLUB, AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS TO EXECUTE THIS RELEASE AND HOLD HARMELSS AGREEMENT ON BEHALF OF EACH OF THEM, BINDING CLUB, AND ITS SWIMMERS, COACHES, PARENTS, MEMBERS AND VOLUNTEERS TO THE TERMS HEREOF.

EXECUTED THIS _____ DAY OF _____, 2009

SIGNATURE _____

PRINTED NAME _____

POSITION _____

